

Sexual Health: Promoting Healthy Intimacy and Sexual Well-Being

Sexual health is a state of physical, emotional, mental, and social well-being related to sexuality; it encompasses more than just the absence of disease, dysfunction, or infirmity. A positive and respectful approach to sexuality and sexual relationships is essential for maintaining sexual health (WHO 2008d).

Sexual Health Services in Brisbane

At Top Health Doctors, we provide counseling and comprehensive treatment for a range of conditions related to sexual health. Our services address issues such as sexually transmitted infections (STIs), painful intercourse, bleeding during sex, and lack of sexual fulfillment for women.

For men, we offer medical care for STIs, erectile dysfunction, premature ejaculation, low libido, and dissatisfaction in sexual relationships.

STI Screening

Your sexual health relies on shared prevention with your partner. Sexually Transmissible Infections (STIs) are transmitted through sexual contact or the exchange of bodily fluids.

Many individuals with STIs may not exhibit obvious symptoms or signs. Therefore, it is crucial to understand how these infections are spread and to practice safe sex consistently.

Regular screening is advisable for early detection and appropriate management of these infections.

It is a good idea to get tested for STIs if:

- You suspect you might have an STI.

- You have had unprotected sex (without a condom or dental dam), including vaginal, oral, or anal intercourse.
- A condom has broken or slipped off during sex.
- Your partner has other sexual partners or has had previous partners.
- You have shared injecting equipment.
- You are starting a new sexual relationship.

Additionally, screening tests for HIV, Hepatitis B, and Syphilis are mandatory for pregnant women during their first prenatal visit. Screening for Hepatitis C is also recommended during pregnancy.